



THE UN-BEAUTY PODCAST about people with curly hair.

HOSTED BY STEPHANIE PODOLAK & TAMARA ROBBINS GRIFFITH

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ABOUT THE PODCAST

Curl Next Door was created after months of conversations about curly hair - from the right haircut to the right styling method - and ultimately perceptions about how those of us with curls should wear our hair. These were conversations that only a person with curly hair would understand, and want to join in! It became clear that these whispered bits of advice, quiet compliments and questions signified a cohort of like-minded people. This podcast is not really about beauty. It is about life and great stories, observed from a unique perspective. **JOIN THE TRIBE!**

WHO WE ARE

STEPHANIE PODOLAK lives in Toronto with her husband and her dog. Her husband is the #1 fan of her curly hair, which he's lovingly nicknamed "The Animal". When she's not researching or recording this podcast, she's either learning a new hobby, building a marketing campaign or travelling the world.

TAMARA ROBBINS GRIFFITH lives in Toronto with her husband, two children and two cats. Both of her kids have Type 2 curls. Tamara is a designer and tv personality. She loves working with her design clients, listening to true crime podcasts and making homemade kombucha.



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